



What will the students learn?

- How important it is for each individual to be at the centre of their own care
- How to work well on a team with other health professionals
- How healthcare providers can support people with chronic conditions/caregivers and what changes would make things better

Interested?

For more information, and to apply to be a Health Mentor, contact:

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Division of Health Care Communication
informed and shared decision making



college of
Health Disciplines

Do you have a
condition or disability
or care for someone
who does?

Share your experiences
with students...

UBC HEALTH MENTORS PROGRAM

Helping students in the health
and human services to learn
from your health experiences



a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA

10-Apr-2014

What do Health Mentors do?

Health Mentors are adult volunteers who meet with a small team of students several times over 16 months. Health Mentors may be patients or caregivers who are experts about their health or the health of their loved one, and students are there to learn from them. Health Mentors share their experiences with the healthcare system and what it means to live with a chronic condition or what it means to care for a loved one with a chronic condition. Students will ask questions, but Health Mentors will never have to answer questions with which they are not comfortable.

Health Mentors should live in the Metro Vancouver area.



Who are the students?

The students on your team will be working together to learn from and with you.

Each team will have 4 students and the mix on each team may be different.

Students may be from one of these UBC programs:

- Audiology
- Dentistry
- Dietetics
- Genetic Counselling
- Kinesiology
- Medicine
- Nursing
- Occupational Therapy
- Pharmacy
- Physical Therapy
- Speech-Language Pathology
- Social Work

The students do not provide treatment or health advice.

Why become a Health Mentor?

By being a Health Mentor you will:

- Contribute to the education of the health professionals of tomorrow
- Be a pioneer in this exciting new program
- Meet students and other Health Mentors
- Help others to understand what it is like to live with your condition or care for a loved one with a chronic condition

